ST. CLAIR COUNTY COMMUNITY MENTAL HEALTH AUTHORITY

PERSON CENTERED PLANNING & YOUTH GUIDED FAMILY FOCUSED PLANNING SFI F-STUDY TEST – 2025

Instructions: Read each question and write the letter of the correct choice on the Attestation & Answer sheet. A score of 80% or higher is required to receive credit for this training (8 correct answers).

- 1. The Person Centered Planning meeting and pre-planning meeting should be held on the same day.
 - a) True
 - b) False
- 2. The Individualized Plan of Service (IPOS) is a living document that should be modified as needed throughout the year.
 - a) True
 - b) False
- 3. The person served can only request to make changes or modify their The Individualized Plan of Service (IPOS) once per year.
 - a) True
 - b) False
- 4. The Individualized Plan of Service (IPOS) must be completed and signed within 35 calendar days from the date of the biopsychosocial assessment.
 - a) True
 - b) False
- 5. The Individualized Plan of Service (IPOS) must be reviewed every 90 days.
 - a) True
 - b) False
- 6. What does the SMART goal acronym stand for in the context of goal setting:
 - a) Specific, Measurable, Achievable, Relevant, Timebound
 - b) Simple, Measurable, Achievable, Realistic, Traceable
 - c) Significant, Manageable, Appropriate, Reliable, Trackable
- 7. Case Managers are responsible for documenting at least one of the six essential case management functions during every session.
 - a) True
 - b) False
- 8. Supports and services included in a person's Individualized Plan of Service (IPOS) must be:
 - a) Essential to address a person's behavioral health condition
 - b) Medically necessary
 - c) Appropriate to the person's age, developmental level, and unique circumstances
 - d) All of the above
 - e) B&C only
- 9. Individuals have the right to live the life they want, even if their family or other support systems don't agree.
 - a) True
 - b) False
- 10. The case manager should look for and identify supports by identifying how SCCCMH will offer supports before identifying natural supports or community resources that are available to assist a person in reaching their goals.
 - a) True
 - b) False